

I AM

I am the Will of God.

I am the purity of love, joy, and peace united as one.

I am the essence of giving and of joining.

I am the state of mind

where there is total absence of fear, guilt,
anger and hate,
pain and sickness,
and of judgment and separation of any kind.

I am the reflection of God's Love,

and hence, I am everywhere;

I have no boundaries and no form.

I am the light of the world,

and hence, I am a reflection of all that is beautiful.

I am a reflection of the simplicity of

the flowers, the sand on the beach,
the singing of the birds,
the sound of the waves on the shore,
and the stillness of the lake.

I am a reflection of all that

is gentle, kind, tender, compassionate, and
of all that is trusting and honest.

I am that state of mind

where there is only eternal life,
and there is no death; and
where there is only happiness.

I am the essence of Spirit,

and it is my spiritual being that is my identity.

I am whole and united with all life.

I am invisible and immeasurable.

I am God's Holy Child of Love;

I am God's Creation; God is my Cause, and

I am God's Effect.

I am co-creator of Love with God.

God's Will and my will are one.

If ever I accept anything else as my well,

I deny what I am.

I am a reflection of the Will of God.

Gerald G. Jampolsky