

## **Surrender**

And I asked, "What is the secret of  
total surrender to God?"

And I was told,  
"The secret of surrender is simply  
to be.

The secret of surrender is simply  
not to think.

It is letting perception gently  
dissolve into the knowledge of Love,  
the land of no change,  
the Kingdom of God.

It is hearing the waves tenderly  
kiss the surf,  
becoming united, becoming one.

It is perception dissolving  
into knowledge of the perfect  
one-essence of God and Love.

The secret of surrender is simply  
to do nothing and to be."

Gerald G. Jampolsky