The Passing of A Dream

Help me out of my prison of darkness Created by the shadows of my ego. Awaken me from my dream of fear Where guilt, blame, and attack Beckon from shadowed doors.

Help me to see the world differently By finding no value in blame And self-condemnation. Help me to experience Love As my only reality.

Help me to cross only The bridges of forgiveness That I may come Out of darkness Into the Light.

Gerald G. Jampolsky